

PSYCHOLOGICAL REHABILITATION

FOR CHILDREN

Adaptation difficulties (kindergarten/school)

Behavioral disorders
Attention Deficit and Hyperactivity Disorder (ADHD)
Communication difficulties
Aggression and emotional regulation difficulties
Fears and phobias
Play therapy
School readiness program

Developmental diagnostic assessment

Special Development and Learning Support

Autism spectrum disorder
Down syndrome
Psychological Developmental Delay (PDD)
Dyslexia (reading difficulty)
Dysgraphia (writing difficulty)
Dyscalculia (math difficulty)
Fluency disorders (stuttering, etc.)
Tics (motor and vocal tics)
Sensory integration support
Development of social skills
Individual correction and development programs
Parent education and consultation

FOR ADOLESCENTS

Low self-confidence and self-esteem issues
Exam stress
Social phobia
Family conflicts
Emotional fluctuations
Motivation and goal planning
Career guidance consultations

FOR ADULTS

Anxiety and panic attacks
Depressive conditions
Relationship and family problems
Post-traumatic psychological support
Self-awareness and personal development
Stress management
Psychosomatic complaints

FAMILY AND COUPLES THERAPY

Parent-child relationships
Couples therapy
Post-divorce support
Healthy communication skills
Individual and group sessions
45-minute professional consultations
Full confidentiality guaranteed
Initial diagnostic assessment

PSYCHOLOGICAL TESTS FOR CHILDREN

Assessment of developmental level
School readiness test
Attention and memory tests
Intelligence (IQ) tests
Autism spectrum assessment
Dyslexia and dysgraphia screening
Behavioral and emotional assessment
Speech and communication skills evaluation

FOR ADOLESCENTS

Personality tests
Self-esteem and self-worth assessment
Exam stress and anxiety tests
Career orientation tests
Attention and concentration tests

FOR ADULTS

Depression and anxiety tests
Personality diagnostics
Stress level assessment
Relationship and family dynamics analysis

SPEECH THERAPY SERVICES

Sound pronunciation disorders (s, r, l, etc.)
Stuttering and fluency disorders
Speech delay
Dyslexia (reading difficulty)
Dysgraphia (writing difficulty)
Phonemic hearing problems
Lexical-grammatical development
General speech development delay

Special Development Support

Speech support for autism spectrum disorder
Speech therapy for children with Down syndrome
Speech development in Psychological Developmental Delay (PDD)
Development of social communication skills

Individual diagnostic assessment
Individual development programs
Cooperation with parents
Home assignments and recommendations

NEUROLOGICAL REHABILITATION

Motor rehabilitation for Cerebral Palsy (CP)
Post-stroke rehabilitation programs
Muscle tone regulation
Restoration of movement functions
Balance and coordination exercises
Development of walking and daily activity skills

THERAPEUTIC MASSAGE FOR CHILDREN

Specialized Support Services

Supportive massage for Cerebral Palsy (CP)
Therapeutic massage for children with developmental delays
Muscle tone regulation for children with Down syndrome
Sensory relaxation for autism spectrum disorder
Support for muscle weakness and body coordination

Goal:

To improve children's physical comfort, reduce muscle tension, and support their developmental process.

Session duration: **30–45 minutes**

Professional approach adapted to child psychology
Comfortable and safe environment

THERAPEUTIC MASSAGE

Relaxation for your body, peace for your mind!

Services

Relief of back and neck pain
Reduction of muscle tension
Improved blood circulation
Reduction of stress and fatigue
Full-body therapeutic massage
Duration: **45–60 minutes**

ART THERAPY AND GROUP THERAPY

Art Therapy

Expression of emotions through drawing, colors, and creativity
Reduction of stress and emotional tension
Improvement of self-confidence
Suitable programs for children and adults

Group Therapy

Development of social skills
Improvement of communication and adaptation abilities

Experience sharing and supportive environment

Formation of team spirit

Who is it suitable for?

Individuals with autism and developmental delays

Hyperactivity

Emotional difficulties

People experiencing stress and social adaptation problems